

NORTH DEVON A.C. YOUNG ATHLETES MEETING - SUNDAY 23rd JUNE 2024 - TIMETABLE OF EVENTS

TIME	EVENT	AGE GROUP		TIME	EVENT	AGE GROUP														
11:00	75 metres Heats	U10 BG / U11 BG	Track Numbers must be worn on both back and front of vests using 4 safety pins Starting blocks permitted in FINALS ONLY Fastest SIX ONLY qualify for FINALS ONLY 3 attempts permitted in Field events except High J Please note starting heights in High Jump ONLY 7m/9m take-off boards in Triple Jump All results will be published in the Clubhouse	11:00	Shot Putt	U14G(2) 3k U14/15B(3) 4k														
11:25	100 metres Heats or Finals	U12/13/14/15 BG		11:00	High Jump	U11B(10) (Start Hgt 1.00m) U12G(2)/U12B(3) (Start height 1.05m) U13G(1)/U13B(1) (Start height 1.05m)														
12:20	600 metres Finals	U10/11G U10/11B		11:40	Long Jump	U14G(5)/U15G(1) U12(5)/13G(2) (400g) U12(4)/13B((400g)														
12:25	800 metres Finals	U12B/G U13B/G U14 B/G U15 B/G		12:00	Vortex Throw	U10B(5)/U11B(5) (East end)														
12:35	75m Finals	U10 BG / U11 G		12:30	Discus (East end)	U15B(1) (1.25k) U14G (1) (1k)														
12:40	100 metres Finals	U12G/13G		13:20	Long Jump	U12G(8)/U13G(10)														
13:15	300 metres Finals	U14B/G U15B/G		13:20	High Jump	U14B(2)/U15B(2)/U14&15G(2) (Start Heighth 1.10m)														
13:25	Frame Running	All age groups		14:00	Vortex Throw	U10G(11)/U11G(4)														
13:40	TRACK BREAK	PRESENTATIONS FOR AM FINALS		14:00	Long Jump	U13B(2)/U15B(5)														
14:10	150 metres Heats or Finals	U10B/G U11B/G		14:15	Shot Putt	U11B(4) U12G/U13G(2.72k) (2.72k) U12B(3)/U13B(1) (3k)														
14:45	200 metres Heats	U12B/G U13B and U14B/G	14:30	Long Jump (Pit 2)	U10B(10)/U11B(9)															
15:10	1500 metres Finals	All Boys and Girls age groups	14:45	Javelin (West end)	U12G(5)/U13G(2)U12B(4)/U13B(1) 400g U14/15B(2) 600g															
15:20	50m Hurdles	U10B/G U11B/G (60cms/6.5m apart)	15:10	Triple Jump (Pit 1)	U14B(1)															
	70m Hurdles	U12G U13G (68.5cms/7m apart)		Long Jump (Pit 1)	U12B(4)/U13B(2)															
	75m Hurdles	U14G U15G U12B U13B (76.2cms/7.5m apart)	<table style="width: 100%; border-collapse: collapse;"> <tr style="background-color: #e0e0e0;"> <td colspan="2" style="text-align: center;">Usual School Year</td> </tr> <tr> <td style="width: 15%;">3&4</td> <td style="text-align: center;">Under 10 on 31st August 2024</td> </tr> <tr> <td>Year 5</td> <td style="text-align: center;">Under 11 on 31st August 2024</td> </tr> <tr> <td>Year 6</td> <td style="text-align: center;">Under 12 on 31st August 2024</td> </tr> <tr> <td>Year 7</td> <td style="text-align: center;">Under 13 on 31st August 2024</td> </tr> <tr> <td>Year 8</td> <td style="text-align: center;">Under 14 on 31st August 2024</td> </tr> <tr> <td>Year 9</td> <td style="text-align: center;">Under 15 on 31st August 2024</td> </tr> </table>				Usual School Year		3&4	Under 10 on 31st August 2024	Year 5	Under 11 on 31st August 2024	Year 6	Under 12 on 31st August 2024	Year 7	Under 13 on 31st August 2024	Year 8	Under 14 on 31st August 2024	Year 9	Under 15 on 31st August 2024
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	80m Hurdles	U14B U15B (84cms/8m apart)																		
15:45	150 metres Finals	U10G U11B																		
15:55	200 metres Finals	U12B/G U13B/G																		
16:00	Toddlers 50m Races	Must be Under 8 on the day																		
16:05	Relays 4 x 100m	U10/11 B/G																		
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	Relay teams can be made up from two age groups																			
	Age group team can be mixed gender and clubs/schools																			
16:10		PRESENTATIONS FOR PM FINALS																		

PLEASE NOTE: Athletes must be a minimum of 8 years on the day of competition

